



FREE GRIEF
SUPPORT

WHAT IS COMFORT ZONE?

Comfort Zone Camp is a national nonprofit 501c3 bereavement organization for children who have experienced the death of a parent, sibling, or primary caregiver. Our programs are free of charge and allow kids to be a kid again while gaining skills to navigate their grief journey.

WHAT IS THE FAMILY PROGRAM?

The family program offers grief resources for the family. This 6-hour program provides a fun and safe place for kids ages 7-17 and young adults (ages 18-25) to connect with their peers through age-appropriate activities and discussions. Parents and guardians attend a separate workshop tailored for them.

THE BENEFITS OF YOU ATTENDING

- Learn strategies for getting through the holidays
 - Identify coping skills
- Gain validation that wherever you are in your journey it's okay
- Find community by interacting with others who "get it"

WHEN & WHERE?

Saturday, December 7, 2019 | 9:30am-4:00pm
(Registration check-in starts at 9:30am. Program begins at 10:00am)

Tantasqua Regional High School - 319 Brookfield Rd, Fiskdale, MA 01518

REGISTER NOW

Questions? Email Kim or Callee at info@comfortzonecamp.org
or call 804-377-3430.