



# Free Grief Camp

In Partnership with The Brave of Heart Fund



**AUGUST 5-7**

## Camp DeWolfe

*Ages 7-17 & Young Adults 18-25*

408 N Side Road, Wading River, NY 11792

*We are continuously monitoring COVID restrictions. Please see our website calendar for camp updates.*

## About Comfort Zone Camp

Comfort Zone Camp will hold both in-person and virtual camp programs specifically for children, young adults, and parents/guardians who have experienced a death of a parent, sibling, or primary caregiver. These programs are made possible thanks to a generous grant from The Brave of Heart Fund.

*\*Priority given to families of healthcare workers who died from COVID. All loss types accepted based on availability.*

## Camp Activities

Includes games, arts & crafts, bonfire, and Healing Circle support groups where kids can connect with their peers.

## The Impact

Campers leave the camp "bubble" transformed with a community, coping skills and new friends who "get it".

## Contact us

Email CZC staff at [info@comfortzonecamp.org](mailto:info@comfortzonecamp.org)

## About The Brave of Heart Fund

The Brave of Heart Fund was founded in May 2020 by the foundations of Cigna and New York Life and administered by E4E Relief. It was established to provide charitable grants and emotional support services to families of frontline healthcare workers, volunteers and support staff whose lives were lost in the fight against COVID-19. The Brave of Heart Fund continues to honor the hard work and sacrifice of healthcare workers and their families, via grants to nonprofit organizations working to address the long-term challenges they continue to experience.

## Volunteer Inquiry



## Camper Inquiry



(804) 377-3430



@comfortzonecamp



[www.comfortzonecamp.org](http://www.comfortzonecamp.org)