



Comfort Zone at Home: Virtual Support Groups & Camp

In Partnership with The Brave of Heart Fund



Beginning June 22

Virtual Support Group - Weekly from 7pm-8:15pm
Ages 10-17 with parent/guardian program

July 16

Comfort Zone at Home Virtual Camp
Ages 7-17 with parent/guardian program

Beginning November 15

Virtual Support Group - Weekly from 7pm-8:15pm
Ages 10-17 with parent/guardian program

About Comfort Zone Camp

Comfort Zone Camp serves children who have lost a parent, sibling, primary caregiver, or friend. All programs are offered at **no cost** to families. CZC provides a safe, nurturing environment where kids can have traditional camp fun, while at the same time acquiring tools to help them cope with their loss. Since 1999, CZC has helped 21,000+ children.

What is Comfort Zone at Home?

The "Comfort Zone at Home" programs serve children who have lost a family member who worked in the healthcare industry and died from COVID-19. An optional parent/guardian program will take place simultaneously for those whose children are participating. The program will include icebreaker games as well as a small group discussion about managing grief, coping skills, a bonfire, and a memorial service. Other applicants will be considered if space allows. This camp is made possible by a generous partnership with the Brave of Heart Foundation.

About The Brave of Heart Fund

The Brave of Heart Fund was founded in May 2020 by the foundations of Cigna and New York Life and administered by E4E Relief. It was established to provide charitable grants and emotional support services to families of frontline healthcare workers, volunteers and support staff whose lives were lost in the fight against COVID-19. The Brave of Heart Fund continues to honor the hard work and sacrifice of healthcare workers and their families, via grants to nonprofit organizations working to address the long-term challenges they continue to experience.

Refer a Family



Camper Family Inquiry



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www.comfortzonecamp.org