

25 YEARS



\*Free of Charge

# Overdose Loss Grief Camp

## Comfort Zone Camp

Comfort Zone Camp serves children who have experienced the death of a parent, sibling, primary caregiver, or friend. All programs are offered at no cost to families. Our programs provide a safe, nurturing environment where kids can have traditional camp fun, while at the same time acquiring tools to help them cope with their loss. **Since 1999, CZC has helped over 24,000 children.**

### Camp Activities

Activities include games, swimming, arts and crafts, and Healing Circles led by mental health professionals.

### The Impact

Campers leave the camp "bubble" transformed with a community, coping skills and new friends who "get it".

*The overdose loss camp was spectacular because we were all in the "same boat". There was community, compassion, empathy, understanding and all- in an environment-free from stigma and judgement.*

*My girls were able to speak freely about their dad to other kids and adults who understand.*

*- Leanne G., Camper Mom*

### Upcoming Camp

**September 13-15, 2024**  
Fishkill, New York

- Weekend Sleepover Camp
- In partnership with A Little Hope Foundation
- Overdose loss only
- Ages 7-17
- Separate parent/guardian program
- Volunteers needed

**Register Today!**



Register:



(804) 377-3430



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